



JUNIOR HIGH ATHLETICS
EDMONTON ELKS JUNIOR HIGH FLAG FOOTBALL 2025

Tuesday, April 7, 2026 @ 4:00 p.m.

Presenters: John Ioannides & Janelle Jager

1. **Introductions / Welcome / Goalline Website – www.edmontonschoolathletics.com**

2. **Participating Schools**
 - See www.edmontonschoolathletics.com League pages - ensure your teams are correct.
 - **See attached listing to ensure and confirm your home hosting fields are correct – teams absent must contact John by 9:00am Friday, April 10 or your teams will be removed from the schedule**

3. **League Organization**
 - League Start – week of April 27 – weather/field dependant
 - Number of Games/Playdates
 - League & Playoff Structure
 - Championship Structure & Dates

4. **Games Nights**
 - Start times
 - Visiting teams
 - Results Reporting

5. **Rules**
 - New Rules package IFAF with 2026
 - Major Changes:
 - 4 downs
 - Rushing/Blitzing
 - Motion
 - Field Dimensions
 - New changes different from our 2025 league modifications
 - No laterals after line of scrimmage
 - Snaps – any backwards snap is permitted
 - 2026 EPSB League modifications
 - Continue with two 15 min halves for our Jamboree format
 - Will move to 20 minute halves in playoffs, 2 min half time
 - We WILL NOT enforce: the quarterback has 7 seconds to pass or hand off the ball
 - 28 point Fair Play rule
 - Soft head gear will be permitted

6. **Officiating**
 - Regular Season Games & 1st playoff round
 - Schools are responsible to supply 1 official for each game they play in
 - Championship (Semifinals & Finals)
 - Officials will be supplied
 - We are in contact with Edmonton Flag Football Association to make some officials available for our season
 - Officiating Clinic @ Riverbend Junior High School Wednesday, April 15

7. **Sporting Behaviour & Conduct**
 - Coaches are reminded to lead by example.
 - Please go over the expectations of Sporting Behaviour & Conduct in EPSB JH Athletics

8. **Equipment**
 - Official Ball
 - Flags
 - Uniforms
 - Mouth Guards

9. **Tournaments**
 - See website for listed Tournaments

10. **Elks Sponsorship**

Sporting Behaviour and Conduct

In keeping with the EPSB Athletics goals of excellence in sportsmanship and cooperation, all participants in EPSB interschool athletics are responsible to conduct themselves with respect and courtesy.

There must be a school representative at all competitions (games, meets, bonspiels etc.) to supervise and ensure sporting behaviour. Teams may not play without a staff member from each school present. Supervision does not end until the school or host facility (including school grounds) is entirely cleared of players.

Supervised spectators at both league and playoff games are permitted at the discretion of the host school. Each school should provide a supervisor(s) other than the coach for its spectators.

In line with the Alberta Schools Athletic Association (2018-2019 ASAA Policy Handbook), EPSB Athletics encourages the following sporting behavior:

- a. **Team Members:**

Coaches, players, and bench personnel must demonstrate qualities of courtesy and good sportsmanship. These are evidenced by proper acceptance of officials' judgment, positive encouragement and bench behavior, and respect for opposing players as well as for teammates.

- b. **Spectators**

Spectators, both student and adult, must demonstrate courtesy and good sportsmanship by positive cheers of encouragement for their team, not against the opposing team. This is evidenced by the absence of booing and vulgarities. Spectators must also show proper acceptance of officials' judgment.

Statement on Discipline:

- A. Coaches, as representatives of the school, are responsible for the conduct of all members of the team, including players and assistant coaches.

- B. For a coach to address or permit anyone on his/her bench to address uncomplimentary remarks to any official during a competition, or to indulge in conduct that might incite players or spectators against the officials, is a violation of the rules of the game and must likewise be considered unsporting behavior.

Behaviour by any member of a team deemed objectionable conduct as defined in the rule book for a sport shall be immediately subject to the penalty prescribed in the rule book for such an offense. In this situation during a game, the head official for the game shall be empowered to see that the penalty is carried out (including ejection of team member/personnel from the game site) to allow the game to continue or if necessary, to halt further play and award the game to the non-offending team.

A spectator engaged in behavior deemed unsporting, including uncomplimentary remarks to the officials, players or coaches, shall be subject to ejection from the game site.

- C. Any unsporting or violent behaviour e.g. fighting, that results in an ejection of an athlete or coach from participation in a competition shall result in a suspension from the next scheduled competition (game, match etc.) of the current season.
- D. Any conduct that results in dishonor to the athlete, the team, or the school will be acted on immediately, once reported to the Junior High Athletics Coordinators (JHAC).
- E. The JHAC will collect reports from all parties involved (can include officials, coaches, players, spectators). Once all information is collected the JHAC will share with the School Principals and Athletic Directors of the school(s) involved to deal with in the manner which they deem necessary.
- F. The Junior High Athletics Coordinators, with the Junior High Athletics Steering Committee, are at liberty to impose further sanctions or suspensions, if warranted, for egregious or multiple offences by a given participant.

Fair play codes in the form of a Players Code of Conduct (appendix A), Coaches Code of Conduct (appendix B), Parents Code of Conduct (appendix C), and Spectators Code of Conduct (appendix D) have been developed and are available in the JH Athletics Handbook – please use and refer to these as necessary.

2026 Participating Teams - confirm # of fields

School	Coaches Boys/Girls	Teams	# Home Fields Hosting	Tier & Quadrant of City
1. A Blair McPherson	Adam Schneidmiller / Andi Nippard	1 boys / 1 girls	2	2 SE
2. Alex Janvier	Brett Ludwig	1 boys	2	2 W
3. Allendale	Kinley / Kathleen DeGeer	1 boys / 1 girls	2	1 SW
4. Avalon	Jarret Mymko / Carl Devost	1 boys / 1 girls	2	1 SW
5. Bessie Nichols	Steven Ainsley	1 boys	2	2 W
6. Bishop David Motiuk	Stephanie Carr	1 boys	2	2 W
7. Christ The King	Joseph Homeniuk	1 boys / 1 girls	2	1 NE
8. Crestwood	Danni Plecash / Brett Richards	1 boys / 1 girls	2	2 W
9. D.S. MacKenzie	Kieran Labrie / Logan Oko	1 boys / 1 girls	2	1 SW
10. David Thomas King	Jill Gainer / Harry Woods	1 boys / 1 girls	2	2 W
11. Donald R. Getty	Cassidy Hodgson & Adriel Schmidt/ Danny Yeoman	1 boys / 1 girls	2	2 NE
12. Dr. Donald Massey	Chad Watson	1 boys	2	2 NE
13. Dr. Lila Fahlman	Kent Johnson / Ben Fonseca	1 boys / 1 girls	2	2 SE
14. Dr. Margaret Ann Armour	Christian Legg /	1 boys / 1 girls	2	2 SW
15. École Joseph-Moreau	Serge Kouame / Michèle Dupuis	1 boys / 1 girls	2	2 SE
16. Edith Rogers	Kelly Gillen /	1 boys / 1 girls	3	2 SE
17. Edmonton Classical Aca	Elizabeth Westin / Cecilia Assuming	1 boys / 1 girls	0	2 SE
18. Edmonton Islamic	Yahia Dalloul / TBD	1 boys / 1 girls	2	2 NW
19. Ellerslie	Kris Hansen / Jeff Stead	1 boys / 1 girls	2	2 SE
20. Esther Starkman	/ Shawn Roppelt	1 girls	0	2 SW
21. Father Michael Mireau	Shaun Lewandoski & Matt Benkic / Phillip Campbell	1 boys / 1 girls	2	2 SE
22. Hillcrest	Spencer Baird / Jackie Fuga	1 boys / 1 girls	2	1 W
23. Hilwie Hamdon	Danny Boily / Natasha Rahman	1 boys / 1 girls	2	2 NW
24. Joey Moss	Chris Evans-Rymes / Zach Agate	1 boys / 1 girls	2	2 SW
25. John D. Bracco	Josephus Lacan & Onesphore Hamis	1 boys	2	1 NE
26. Kate Chegwin	Ellis Jepas	1 girls	2	1 SE
27. Kenilworth	Siubhan Drinnan & Britt Petracek	1 boys	0	2 E
28. Killarney	Kody McManus / Bob Adamson	1 boys / 1 girls	2	1 NE
29. Kim Hung	Edmund Vale / Liz Martinson	1 boys / 1 girls	2	2 W
30. kisêwâtisiwin	Vivian McDonall	1 girls	2	1 SE
31. Laurier Heights	Jared Ruecker / Grant Jongejan	1 boys / 1 girls	2	2 W
32. Londonderry	Helana Crowley	1 girls	2	1 NE
33. Louis St. Laurent	Ryan McCarville / TBD	1 boys / 1 girls	0*	1 SW
34. Mary Butterworth	Rob Engels/ Stephen Balchan	1 boys / 1 girls	2	1 NE
35. McKernan	Shaun Adamson / Lauren Town, Brock Debenham	1 boys / 1 girls	2	1 SW
36. Michael Phair	Phil Holtby / Lynette Witherspoon	1 boys / 1 girls	2-3	1 W
37. Michael Strembitsky	Alison Clarke/ Waylon Chinski	1 boys / 1 girls	2	2 SE
38. Millwoods Christian	Jacob Rackel / Sam Young	1 boys / 1 girls	2	2 SE
39. Nellie Carlson	Ryan Robinson / Rachele Wong	1 boys / 1 girls	2	2 SW
40. Ottewell	Samuel Rokosh / Kelly Fletcher	1 boys / 1 girls	2	1 E
41. Parkview	Stephanie Hatfield	1 boys	2	1 W
42. Riverbend	Ryan David / Jeff Wise	1 boys / 1 girls	3	1 SW

School	Coaches Boys/Girls	Teams	# Home Fields Hosting	Quadrant of City
43. S. Bruce Smith	Aden Hemraj / Izzy McGowan	1 boys / 1 girls	2	1 W
44. Sir John Thompson	Monika Zenkijevic/ Krista Kasowski	1 boys / 1 girls	2	1 NW
45. St. Cecilia	Scott Drebit / Vincenzo Funaro	1 boys / 1 girls	2	1 NE
46. St. Edmund	David Pierzchajlo / Sheldon Biamonte	1 boys / 1 girls	2	NE
47. St. Elizabeth Seton	Romar Canafranca	1 boys	2	1 NE
48. St. Hilda	Elizabeth Dokken / Sara Metcalfe	1 boys / 1 girls	2	2 SE
49. St. John XXIII	Dean Danilak / Christopher Smith	1 boys / 1 girls	2	2 SW
50. St. Thomas More	Will Kitson / Emily Motoska	1 boys / 1 girls	2	1 W
51. Steele Heights	Reagan Murray / Sandra Wong	1 boys / 1 girls	2	1 NE
52. Thelma Chalifoux	Jackson Murrell, Morgan Austin/ Simone Bain	1 boys / 1 girls	2	1 SE
53. T.D. Baker	Tessa Yuzda	1 girls	2	1 SE
54. Vernon Barford	Lon McMullen / Michael Snider	1 boys / 1 girls	2	1 SW
55. Vimy Ridge Academy	Lindsay White-Thornton / Derek Patter	1 boys / 1 girls	2	1 E
56. Westminster	Jamie Price /	1 boys / 1 girls	2	1 W
57. Westmount	Michael Asselstine / Renee Oulette	1 boys / 1 girls	2	2 NW

League Numbers

Year	Girls Teams	Boys Teams	Total Teams
2016	11	19	30
2017	17	24	41
2018	23	36	59
2019	23	35	55
2022	27	35	62
2023	27	39	66
2024	29	42	72
2025	41	49	90
2026	49	52	101